

My weekly message:

Hello Clyde Class!

HAPPY NEW YEAR EVERYONE!!!

I hope you have enjoyed your break despite the lockdown. It has probably been difficult not being able to see people you would normally see over Christmas but remember, not seeing them now means you are helping them to be safe as well as keeping yourself safe.

We will start the term with some fun activities. You do not need to complete everything on the grid but do what you can. Don't get stressed over any of the activities, just have fun!

Shazia

Stretching: Daily

Start off with some gentle stretching. Try the following routine, remember, only do the ones you are able to:

- Stretch your arms out in front of you and hold for 8 seconds
- Raise your arms up in the air and hold

Signalong and Communication

News Discussion (*this is a repeat task every week*)

Watch and discuss children's Newsround reports.

https://www.bbc.co.uk/newsround/news/watch_newsround

Practice the following signalong signs:

Literacy

 Play with blocks	 Pratice writing name	 build a fort	 sort toys by color
 practice cutting	 make a smoothie	 sink play	 blow bubbles
 play dough	 shaving cream play	 Play red light green light	 make a card

- Stretch your arms out to the sides and push then hold
- Rotate your shoulders 8 times in one direction
- Rotate your shoulders 8 times in the other direction
- Lift your right leg and point foot away from you; hold for 8 seconds
- Point towards you for 8 seconds
- Rotate your foot 8 times in one direction then the other
- Repeat this with the left foot



Picture Exchange Communication

Point to an activity in the above table to choose and communicate which activity you would like to complete.

Use the link to listen to THE SMARTEST GIANT IN TOWN:

<https://www.youtube.com/watch?v=mRHBRJRnGQ>

Challenge:

Press pause on each page and read each page.

Circle Time: Daily

Ask different family members:

"How are you today?"

What day is it today?

Sing days of the week and do all the signs if you can:

<https://www.youtube.com/watch?v=oKqAblcwFOA>

Cooking



- 2 large baking potatoes
- 1 tsp olive oil
- pinch of salt • butter

Maths

Number Square activity

http://www.printablee.com/post_printable-blank-100-grid-chart_104492/

Starting with the number 4 can you colour every 4th number in green? What number comes next?

Do the squares have a pattern?

If you can, write the date or point to the correct day of the week.

What month is it?

Sing months of the year and sign the months if you can:

<https://www.youtube.com/watch?v=5enDRrWyXaw>

What's the weather like?

Do you know the signalong sign for the weather?

Share news:

What did you do yesterday?

Listen to other members of the house's news too.

Hi 5

Do "Koo Koo Kanga Roo - All I Eat Is Pizza (Dance-A-Long)" together using the following link:

- 2 sheets of kitchen roll
- 1 microwave-safe plate

1. Wash the baking potatoes and prick the skins all over with a fork, creating lots of little holes for steam to escape from.
2. Lay kitchen roll on a microwave-safe plate, put potatoes on it and pop another sheet of kitchen roll on top.
3. Microwave for 4 mins, then take them out and turn the potatoes over - careful, they will be hot.
4. Re-cover with the kitchen roll and cook for another 4 mins, then turn again.
5. Keep cooking in 1-2 min bursts until they feel soft all the way through and the skins are wrinkled. Take them out and leave to cool.
6. Split the potatoes open and add the butter. Serve with your favourite toppings.

For crispy skin you could also...Heat oven to 220C/200C fan/gas 7. When potatoes are cool enough to handle, rub skins all over with olive oil and sprinkle with sea salt. Put them in the oven for 10-15 mins or until the skins start to crisp.

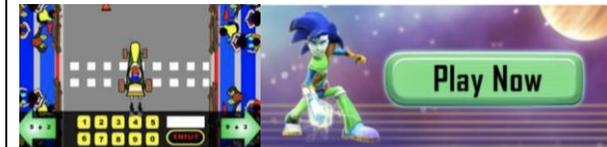


Try making microwave mashed potato...
Microwaving potatoes whole is also a really good

Cool Maths Games!

<https://www.coolmathgames.com/>

Click on the link and choose a fun maths game or games to play.



How many games have you played?

<p>https://www.youtube.com/watch?v=HI5dRW4E9hc</p> <p>Try the new song after this, Koo Koo Kanga Roo - Hot Sauce (Dance-A-Long)</p> <p>https://www.youtube.com/watch?v=bhh-XX9K4uk</p>	<p>way to maximise the flavour of mashed potato. Once they're cooked, leave them to cool then peel away the skin then mash the flesh with butter, milk and a little grated cheese if you like, then microwave to heat through.</p>	
<p style="text-align: center;">Maths</p> <p>Home Coffee Shop:</p> <p>Turn your dining area into a Coffee Shop.</p> <p>Design a menu with an adult.</p> <p>Once your menu and shop is ready you can take turns running the coffee shop or being a customer.</p> <p>Skills to focus on:</p> <ul style="list-style-type: none"> • Designing the menu - set prices of items • Communication • Counting coins 	<p style="text-align: center;">Science</p> <p style="text-align: center;">How to make a Volcano</p>  <p>Materials:</p> <p>10 ml of washing-up liquid</p> <p>100 ml of cold water</p> <p>400 ml of white vinegar</p> <p>Food colouring</p> <p>Baking soda slurry (fill a cup about $\frac{1}{2}$ with baking soda, then fill the rest of the way with water)</p>	<p style="text-align: center;">Movie Night</p> <p style="text-align: center;">Prepare a movie night at home!</p> <p>Can you help prepare a movie night at home this week?</p> <p>Think about what everyone would like to watch. Maybe you can vote on the best thing to watch?</p> <p>What snacks will you make to eat during the movie?</p> <p>Perhaps you could make a poster to advertise the movie.</p> <p>Make tickets to collect before the show.</p> <p>Enjoy the movie!</p>

Empty 2 litre juice bottle

Instructions:

NOTE: This should be done outside due to the mess.

Combine the vinegar, water, washing-up liquid and 2 drops of food colouring into the empty soda bottle.

Use a spoon to mix the baking soda slurry until it is all a liquid.

Eruption time! ... Pour the baking soda slurry into the soda bottle quickly and step back!

How it Works:

A chemical reaction between vinegar and baking soda creates a gas called carbon dioxide. Carbon dioxide is the same type of gas used to make the carbonation in sodas. What happens if you shake up a soda? The gas gets very excited and tries to spread out. There is not enough room in the bottle for the gas to spread out so it leaves through the opening very quickly, causing an eruption!

Extra Experiments:

	<ol style="list-style-type: none">1. Does the amount of vinegar change the eruption?2. Does the amount of water change the eruption?3. Does the amount of baking soda change the eruption?	
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