

## Fairy Tales

This week I have some sensory fairy tales for you to try. I've found a channel on You Tube called Gigglebox which has short animated videos of fairy tales. Below is the link to the channel.

<https://www.youtube.com/channel/UCmnlBrE7TCf3wkrwd6mxPrQ>

The last of the stories is Rapunzel, but I've based it on the Disney film Tangled.

As ever, do as much or as little as you want, and use what you have around the house. Remember, place objects against a black background to make them easier to see.

### **Goldilocks and the Three Bears**

Yellow wool (or the closest colour you have) or string, and a ribbon/ or a doll with blond hair.

Three teddy bears – one small, one medium, one large.

Three bowls - one small, one medium, one large (with spoons for stirring).

\*When exploring three different sized objects, make comparisons - use vocabulary like big, small, medium, big, bigger, biggest, small, smaller, smallest. Also help your child line up the objects from biggest to smallest or smallest to biggest, feeling the difference in size.

Dry or cooked porridge - you can put this in all bowls or just the small one.

Three cushions to represent three chairs (three different materials with different textures).

Three different blankets/ covers to represent the three beds.

Make a snoring sound or search snoring sound effects on You Tube.

\*If you don't have three teddy bears or three bowls, one is fine.



## Follow up activities

Make flapjacks. Here's a link to a recipe.

<https://www.bbcgoodfood.com/user/3516576/recipe/classic-flapjacks>



## **The Gingerbread Man**

### Objects

A biscuit.

Dried or fresh ginger to smell.

Pig toy/ make pig sounds or search pig sound effects on you tube.

Cow toy/ make cow sounds or search cow sound effects on you tube.

Horse toy/ make horse sounds or search horse sound effects on you tube.

A bowl of water for the river – pour water into the bowl from a jug to represent moving water.

A fox toy/ or red felt or material to represent the fox.

### Actions

Run! - run around, or push your child around in their wheelchair – if you don't have enough space, stamp feet on the floor getting faster and faster, or tap your child's feet getting faster and faster.

Repeat the tagline 'run, run as fast as you can, you can't catch me I'm the gingerbread man.' - if you have a switch, record the line and encourage your child to press the switch.



## Follow up activities

Make Ginger biscuits. It doesn't matter if they're not gingerbread man shaped, just use whatever cutters you have. Here's a link.

<https://www.bbcgoodfood.com/recipes/gingerbread-men-0>



## **Little Red Riding Hood**

### Objects

Red material/ hoody or cardigan.

Basket with fruit and veg (use a couple or real pieces of fruit and veg).

Flower (real or fake)/ or make a paper flower (I made one from a paper plate).

A wolf toy or something furry/ make wolf sounds or search wolf sound effects on you tube.

Glasses and a bonnet/ sunhat to represent Granny

A blanket to represent Granny's bed.

### Actions

When Little Red Riding Hood says 'what big eyes/ ears/ teeth you have,' point to your child's eyes, ears and teeth to encourage body awareness.



## Follow up activities

Play a game of What's the Time Mr Wolf.

## Body awareness

Sing head, shoulders, knees and toes.

Hand and foot massage.

Put on some music and dance!

## **Rapunzel**

\*This is based on the film Tangled, rather than the fairy story – you could carry out the activities after watching the film.

## Objects

Gold paper or material to represent the golden flower.

Crown – toy crown, or make your own.

Long hair – long wool or string held together with a bobble or elastic band (like a long pony tail!) - encourage your child to throw the hair and pull it back, and say the line 'Rapunzel, let down your hair.'

Witch's cloak – dark piece of material or scarf to represent Mother Gothel.

Frying pan – once you've seen Tangled, you'll know why!

Horse toy/ horse sound.

Lanterns – use a night light, or put fairy lights in a jar – fly the light around your child slowly, encouraging them to watch if they can.

## Actions

Be tall – stretch up tall like the tower.

Running – Rapunzel and Flynn being chased.

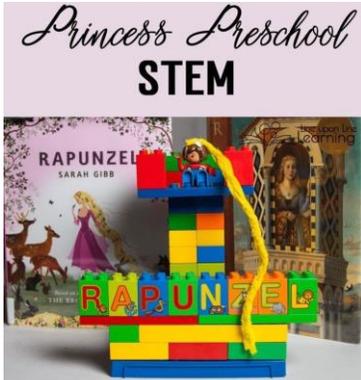
Village scene – join in with the dancing.

Drop the cloak from up high to represent Mother Gothel falling from the tower.



Follow up activities

Tower building – use different toys and materials to build towers as high as you can! Use wooden building blocks, duplo, lego, plastic cups, junk materials, buttons, thread pasta onto straws – use whatever you can find. Count how many blocks you have used to make your tower.



**RAPUNZEL  
ENGINEERING  
CHALLENGE**

