

Hello, all the super learners in Forth Class! We hope that you are all safe and well. A special shout out this week to Isabella who is running a special delivery service from her Spanish Rainbow Café - Café Arcoiris! Isabella's service has been aptly name, 'Bella-Roo'. (Isabella is, of course, following social distancing rules!). Well done, Isabella!

Forth Class Team

The following are suggestions for all learners so will need to be adapted or ignored as appropriate.

- Our word of the week is **Exercise**
- Look at all the labels and signs around you. Look at packets, newspapers, magazines, street signs, signs on vehicles
- Collect empty carrier bags or go online and look at shop logos. What shop names do you recognise? What do these shops sell?
- Continue with your diary
- Write or type a letter to a friend in class (You could ask an adult to scribe for you). Tell them some of the things that you have been doing. You could add a picture.
- Recognise, say and write your details - name, address, postcode, age, date of birth, postcode
- Learn 5 facts about rainbows -  
<https://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&source=web&cd=9&cad=rja&uact=8&ved=2ahUKEwjno7HDhLHpAhXbEcAKHZKABPYQFjAIegQIARAB&url=https%3A%2F%2Fwww.sciencekids.co.nz%2Fsciencefacts%2Fweather%2Frainbows.html&usq=AOvVaw2ryVCyXgSOShyuu7IJ4hbw>
- <https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=27&cad=rja&uact=8&ved=2ahUKEwjLy5TLhbHpAhVMUcAKHWD1DfyQwqsBMBp6BAgLEAQ&url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DGqbqJ3c3yh&usq=AOvVaw30NmQGkGxdYaGpeSSpgoPW>
- Draw, paint or design your own rainbow. You can use old magazines, old gift wrap or any paper or materials that you have at home.
- Take a photo of your rainbow and put it in your scrapbook, diary or send it to me!
- Display your rainbow at your window
- Think about the months of the year again. When is your birthday? Find out the dates of people in your family or your friends. Mark the dates on a calendar if you have one or make your own -  
<https://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&source=web&cd=21&cad=rja&uact=8&ved=2ahUKEwjnwI2zh7HpAhWYQEEAHTWOC>

[\\_AQFjAUegQIAhAB&url=https%3A%2F%2Fwww.calendar-365.co.uk%2Fcalendar-2020.html&usg=AOvVaw37vRsLoFoMhe4zueywDBbh](https://www.calendar-365.co.uk/calendar-2020.html&usg=AOvVaw37vRsLoFoMhe4zueywDBbh)

- Play shopping games
- Play games - Ludo, Snakes and Ladders, Kim's Game, Dominoes
- **Go on a Scavenger Hunt!**
  1. Find something soft
  2. Find something shiny
  3. Find something that you can turn
  4. Find something made of metal
  5. Find something green
  6. Find something wooden
  7. Find something that you can open

Please feel free to email me.

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## Art

This week's art activity is a 'Self-portrait' installation: Create a 'portrait' of yourself made up of objects you can find around the house! They could be some of your favourite things, or other things that are important to you. Different levels Easy, Intermediate and Challenging.

See the school website for details

## PE

Here is this week's task:

Time for something a bit different this week... a game of tic, tac, toe (kind of!). Set out a 3 by 3 square grid using tape on the floor, ropes on grass or even a bit of paper. Choose 2 different colours (such as a pile of black and white socks) or 2 different types of items that can be identified by touch, or sensory items that will be enjoyed. This is a 1v1 game. The aim of the game is to get your colour in an unbroken line (like O's and X's), the difference is that once all of the squares are filled you can then use a turn to swap your piece with your opponents. To make it physical, place the items at one end of the room and the playing squares at the other so you have to travel back and forth. Or maybe you could place the squares up on a wall and use some velcro so that you have to reach up to place the items. Get creative with your placement and have fun.  
Amy Martin

**Music** - Videos of songs covered in class on school website. Try new songs Heads Shoulders knees and toes and Join in the game.

## **HE**

Wrap Pizza recipe uploaded onto school website. A healthier pizza using a wrap for the base. Give it a go choosing all of your favourite toppings.

## **VI**

Hi everyone.

There are more sensory story activities for VI and sensory learners this week. Again, the two books I've chosen are also films. This week you can transport yourself to two magical lands, with Alice In Wonderland and The Wizard of Oz. Why not parachute into Wonderland and meet The White Rabbit and The Cheshire Cat. Or spin round and round in a tornado until you land in Oz. Use your imagination and have lots of fun! ☺

Julie Malcolm

VI support teacher