

Hello Cara, Chanel, Eilidh, Isabella, Isla, Katie and Sabby! We are missing you all and hoping to see you soon! Thank you for all the lovely photos! A special shout out to Sabby who turned 14 last Thursday! Happy Birthday, Sabby! We hope that you managed to have a great day! Remember to email, if you can, and let us know what you have been doing.

Forth Team

The following are suggestions for all learners so will need to be adapted or ignored as appropriate.

- Our word of the week is **technology**
 - Practise saying, writing and spelling, **technology**, if you can
 - Write or talk about your day. Can you remember what you did yesterday?
 - Retell a story in your own words
 - Make up a story. Who is in it? What do they do? Draw a picture of your story
 - Take photographs and make a scrapbook
 - Continue with your diary
 - Practise saying, writing/typing your full name, age, date of birth, address, postcode and telephone number
 - Find words that rhyme with hen, bug, big. Can you draw pictures?
 - Draw a map of the local area
 - Watch Newsround
 - Read a book, listen to a story
 - Can you sequence the days of the week? Sign the days? Write the names? If today is Sunday, tomorrow will be? Yesterday was ?
 - Can you say the months of the year? What comes after May? Before October?
 - When you see a number (in the house or out on your walk) add on 2, double the number, add on 10
 - Practise your tables
 - Learn some banking words - debit card, PayPal, direct debit, interest, pin, bank statement, utility bill (<https://barclayslifeskills.com/parents/money-skills/money-talks/> .)
 - Play card games, e.g. snap
 - Carry out a household task for the week
 - Make a healthy salad - wash and chop the vegetables
 - Help with recycling
 - Find a song that you like and make up a dance
 - Teach your dance to the family
 - Make a video of the dance
 - Try Cosmic Yoga - [cosmic yoga](#)
- Please feel free to email me. Norma.Borthwick@braidburn.edin.sch.uk

PE

Continuing with the theme of fitness this week's task looks at understanding what happens to your body when you exercise. Do an activity which will enable your child to raise their heart rate. Get them to feel their chest, and if possible, their pulse at their wrist or neck and describe what they feel. You could get them to compare with a family member who hasn't been exercising? Changes to point out and notice: Heart beating faster, breathing faster/ feeling out of breath, feeling hot/sweating. Try to have a conversation about these feelings being good and ok. You could even discuss the reasons behind these physiological changes if that's appropriate for your child.

Amy Martin

Art

This week's art activity is about having fun with paper, making simple beads for some noisy fun, making beads for simple bracelets and folding paper to make a concertina bracelet and snake!

Please see the website for details.

Mrs Mullen

Music

Videos of songs covered in class on school website. <https://braidburnedinburgh.com/home-learning-resources/subject-specialists/music-ideas-and-videos/>

Try I am a music man joining in and pretending to play the instruments.

Try everybody do this. You can make up any actions you want. Forth class loved to do the dab and the floss!

HE - Easy cookies recipe uploaded to try.

Miss Vickers

Hi everyone. I hope you are all having fun and learning at home. I've been working on some sensory story activities, and there are lots on the website from the last few weeks, including The Tiger Who Came To Tea, The Very Hungry Caterpillar and lots more! This week, if you're a fan of Harry Potter or Charlie and the Chocolate Factory, there's some fun activities for you to try. How about becoming a wizard and creating your own potions! Head over to the VI and Sensory Learners section in the Home Learning section of the website to find the activities. Wizards and Muggles welcome! Have fun. ☺

Julie Malcolm

VI Teacher

