

Don Class Activity Grid WC 19th May

Hello Don class I hope you enjoyed the longer weekend once again. Below are this weeks' activities - remember there is no expectation to finish all of the grid activities – do as much as you feel is necessary.

<p style="text-align: center;"><u>Signalong</u></p> <p>Our SLT team have created a bear hunt symbol board:</p> <p>https://braidburnedinburgh.files.wordpress.com/2020/04/bear-hunt-language-board.pdf</p> <p>Can you continue to use these symbols at the right time when reading the story?</p>	<p style="text-align: center;"><u>Number Square</u></p> <p>Create your own number square or download from here:</p> <p>http://www.printablee.com/post_printable-blank-100-grid-chart_104492/</p> <p>Can you fill this out by yourself by writing or telling a grown up the order from 1 -100?</p>
<p style="text-align: center;"><u>Story</u></p> <p>Watch 'We're Going on a Bear Hunt' animated story/read the book at home.</p> <p>https://www.youtube.com/watch?v=0gyI6ykDwds</p> <p>Make a map of all the places the family visit on their adventure.</p>	<p style="text-align: center;"><u>Name 10 activity</u></p> <p>Play the name 10 game to challenge each other. Can you name 10:</p> <ul style="list-style-type: none">- Types of transport- Things found in the kitchen- Parts of the body <p>Can you make up some more categories to play with?</p>
<p style="text-align: center;"><u>Questioning</u></p> <p>Think about some questions that you would like to ask your friends next time you see them. What would you like to know or find out about? Can you write them down to help you remember them?</p>	<p style="text-align: center;"><u>Mindfulness</u></p> <p>Search for some mindfulness mandalas online. Can you create and colour your own?</p> <p>You might choose to make a pattern of colours or colour it randomly.</p>

<p style="text-align: center;"><u>Trees:</u></p> <p>Can you look for some trees when you are outside? Are they all the same or are they different? What differences can you see? Who can find the tallest tree? Who can find the smallest?</p>	<p style="text-align: center;"><u>Months of the year:</u></p> <p>Continue to practice the months of the year songs:</p> <p style="text-align: center;">https://www.youtube.com/watch?v=omkuE6Wa5kQ</p> <p style="text-align: center;">https://www.youtube.com/watch?v=5enDRrWyXaw</p> <p>Can you say/order the months correctly? When given a month can you say what month is next? What about before?</p>
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Specialist Subjects:

Art – This weeks art activity is about having fun with paper, making simple beads for some noisy fun, making beads for simple bracelets and folding paper to make a concertina bracelet and snake!

Music – Try I am a music man, join in and play along.

Try everybody do this. Make up any actions you want eg. nodding head, blinking eyes. Challenge to try the floss and get everybody in your house to copy you!

Ukulele - Imagine. Music and video uploaded.

HE - Easy cookies recipe uploaded onto school website.

PE - Continuing with the theme of fitness this weeks task looks at understanding what happens to your body when you exercise. Do an activity which will enable your child to raise their heart rate. Get them to feel their chest, and if possible their pulse at their wrist or neck and describe what they feel. You could get them to compare with a family member who hasn't been exercising? Changes to point out and notice: Heart beating faster, breathing faster/ feeling out of breath, feeling hot/sweating. Try to have a conversation about these feelings being good and ok. You could even discuss the reasons behind these physiological changes if that's appropriate for your child.

VI - Hi everyone. I hope you are all having fun and learning at home. I've been working on some sensory story activities, and there are lots on the website from the last few weeks, including *The Tiger Who Came to Tea*, *The Very Hungry Caterpillar* and lots more! This week, if you're a fan of *Harry Potter* or *Charlie and the Chocolate Factory*, there's some fun activities for you to try. How about becoming a wizard and creating your own potions! Head over to the VI and Sensory Learners section in the Home Learning section of the website to find the activities. Wizards and Muggles welcome! Have fun.