

Tweed Class Home Learning Activities 30th March

Hello Tweed Class Learners and families

Hope you are all well and safe. When you are learning, if you can, jot down your ideas on paper or a notebook and take photos to upload.

Our class has been learning about friendship as part of our work in Personal Social Development, so why not start your daily lessons by listening to our class song 'Count on me' by Bruno Mars. Find it on YouTube.

Health and Well Being Lesson: handwashing

Read the NHS guidelines or watch the clip online. Wash your hands following the guidelines. Lots of times during your day, please. Show someone in your household how to do this properly. On YouTube, there are some Signalong signs in verse 2 of Kelly Kellner's of her 'Please and Thank you song.' Copy the hand signs for wash and dry. Choose a different song to wash your hands. Write down your song title.

Follow up activity: Guesstimate

Guidelines recommend washing your hands for 20 seconds. Can you estimate how long 20 seconds lasts? Try slowly counting or use the clock on the microwave.

Choose a literacy task

Literacy: form filling. Repeat daily for about 10 mins.

Tell a helper your full name, age, date of birth and address: as much as you can remember. Repeat daily. Write or type this information if you can.

Follow up activity: complete a form online using this information or have a pretend interview

OR

Literacy: recognising labels

Collect some packets from around your home. Tell your helper what the items are and point to how you know this: the colours, shape of containers, pictures. Group the packets together: all cereals, all drinks etc

Follow up activity: when the packets are empty, cut out the labels to make a shopping list or pretend play at shopping.

Choose a numeracy task

Numeracy: sorting coins. Repeat daily for about 10 mins

Play 'Money song for Children UK' on YouTube. Get a lot of coins and sort into different piles. Handle and examine the coins. Look at the different numbers and images. Feel the different shapes. Sort into coppers and silver. Then one pence and two pence. Then five pence, ten pence, twenty pence.

Follow up activity. Stack coins of same value into piles of 5 or 10 to make it easy to count up the correct amounts to go into coin bags for banking.

OR

Numeracy: draw a monster

Give directions to a helper to draw a monster. Use your number words and body part words. Tell them how many arms and legs you want. Tell them how many eyes, ears etc Count up the parts after. Take a photo to share.

Follow up activity: repeat for a different object eg a house, or car

P E activity

Joe Wicks BBC workout clips

Enjoy your daily fresh air outing

Senior Music Learning Activities: these will not vary.

Dear parent/ carer,

Usually Senior music lessons consist of the following, to ensure that all aspects of the curriculum are covered, and that the young people have a good variety of activities to keep them engaged.

Hello,

Song,

Dance,

Sensory activity,

Instruments

Listening,

Choosing favourite,

Goodbye.

Of course, what you do at home is not going to be a usual lesson, and it is likely that you will be using music throughout your day. You may wish to add some of the following ideas if you have the materials and time, or set aside time for a full session, using some of these ideas.

Songs: encourage your child to participate with singing/ signing/ actions for songs they are interested in- this may be nursery rhymes and counting songs such as 5 little speckled frogs, the wheels on the bus, 5 little ducks, or, older music, some clean pop such as 'Happy' by Pharrell Williams, 'Can't Stop the Feeling' by Justin Timberlake, or songs from Ficshy Music (Google Fischy music login, then sign in with details:

Maria.Day

BrBnPs2016.

Young people are more likely to join in when you are singing live, to them- no matter what you sound like, the role modelling of their parents and carers singing is powerful, and is part of the social experience of music.

Dance: we do have particular dances at school (Superheroes Unite, Monster Moves and Ninja Training by Koo Koo Kangaroo are particular senior music favourites) but putting on your/ their favourite music and dancing with your young person and really enjoying time together is as good when you are at home.

Instruments: usually the young have a choice of a wide variety of instruments (changing every few weeks), and explore these, working on playing loud or soft, fast or slow, or working on notation. If you have any standard instruments at home, you might like to offer your child a chance to play/ explore with you, or choose if you have more than 1. If you do not have standard instruments, the kitchen is a good source- tap pots and pans with a wooden or metal spoon or hands, shake containers filled with rice/ grains/ legumes (you may need to masking tape on the lid), if your young person can do it safely you can scrape cutlery down the side of a grater etc

Sensory activity: this is usually quiet time with a parachute, listening to Einaudi's The Mountain, as a break after the livelier songs and dances. You could use other quiet music, and if not a parachute, a favourite sensory toy, bubbles, wafting scarves (any light material can become a makeshift scarf) or just turn the lights out, play gentle music and give your young person a massage/ put on some hand cream.

Listening: this is usually a piece of new or unusual music from YouTube- Animusic videos, and the Piano Guys are particularly liked. You might like to play a piece of music from your childhood, or a

favourite song which you haven't shared with your young person before.

Choosing favourite:

We usually choose from a few songs/ dances which we have covered previously. Your young person could have choosing time for their favourite songs/ dances.