

## Suggestions for Spey class week beginning 30<sup>th</sup> March

	1	2	3		4
Monday	Circle time	Weekend diaries	Songs and/or movement activities	L	Craft activities
Tuesday	Circle time	Literacy	Songs and/or movement activities	U	baking (or helping to make tonight's tea)
Wednesday	Circle time	Numeracy	Songs and/or movement activities	N	Story time
Thursday	Circle time	Life skills	Songs and/or movement activities	C	Waterplay, Duplo, jigsaw or playdough activities (this might be a good time to water the bulbs!)
Friday	Circle time	Numeracy	Songs and/or movement activities	H	

Morning Spey class parents and carers,

Hope you are all surviving ok having now completed your first week of school closures.

Above is just a suggestion of one way you might want to structure your weeks. It is going to be a steep learning curve for me to know what is most helpful for you. If this does not suit your house routine, or you think it is too much, then please feel free to change or ignore it. I personally love a list or a visual plan, so this is just for any others of you who are as OCD as me!! 😊

**Circle time and Weekend diaries will be the same each week but I will update the other tasks weekly.**

Specialist teachers will provide ideas for Music and Physical activities and I will include these in the grid

Remember that the main objective of all this is to keep safe and well so **please do not get stressed about having to complete all the tasks, they are just suggestions**. Pupils will also be getting stressed and may be much more reluctant or confused about doing 'school' work when they are at home. You will soon see what works best for you. If a task is causing stress or anxiety then just leave it. Please also remember that learning will take place through free play, helping with tasks around the house, and family communication.

Janet

### Circle time

The pupils are used to starting the day with circle time and so this repetitive familiar task every morning may help with setting a routine. I have sent home laminated symbols and a board to stick them on. I have recorded our circle time songs/routine with all pupil names included plus an extra blank verse for anyone who may want to join us. I am hoping this will be found on the school web page.!

### Weekend Diaries

Pupils are encouraged or helped to pick 1 activity that they have done and enjoyed over the weekend (or previous week). The sentence can then be written or typed out for them and a picture chosen from the internet or drawn to illustrate the sentence. Depending on individual pupil ability then:

- stick the sentence and picture in the diary and read it with the child
- Cut up a second copy of the sentence and ask the child to match the words in the correct order
- Pupil to write out the sentence by hand
- Pupil to type the sentence on the computer

Or a mixture of the above. You will be able to see from the blue diary that was sent home which activity your child has been doing.

### Craft activities

- Make or colour in some Easter egg pictures ready to hide them around the house or garden for a treasure hunt at numeracy time. Remember to include Literacy opportunities by talking about the patterns and colours and sizes. Which is your favourite?
- Make an Easter card for someone you can't visit at the moment

### Lifeskills

This week lifeskills could focus on helping set up the table for meals

Counting plates, knives, spoons, bowls etc

Setting out cereals, butter, toast etc

Wiping the table

Clearing the table

### Literacy

Suggestions for Literacy this week are:

- Any activity that links to your own child's literacy targets
- Discussion of things linked with Easter or springtime : eggs, rabbits, lambs, chicks etc and maybe find or draw pictures to make a poster. Discussion could link to colours, sizes, descriptive words. Pupils who are able could match word labels to the pictures. Other pupils could match pictures or find the correct picture in response to verbal or signed request.
- There are chick and rabbit templates available on Twinkl for those who can get access to this or you could try making one from things you can find around the house or garden!

### Story time

I found a lovely story on You Tube about a rabbit who doesn't like to wash his ears

Rabbit Ears by Amber Stewart - Read Aloud Children's Story

[https://www.youtube.com/watch?time\\_continue=5&v=42j\\_i-owjs&feature=emb\\_title](https://www.youtube.com/watch?time_continue=5&v=42j_i-owjs&feature=emb_title)

I would show this with the sound off and read it aloud yourself. This will enable you to pause it and make comments to reinforce understanding or ask questions,

Why **Music** not pick a few favourite

songs and sing them together. Some Spey class favourites at the moment are :

Spring Chicken, 5 little ducks, 10 little dinosaurs (all on you Tube)

Alternatively your child may wish to choose a favourite pop song that they can do exercise to.

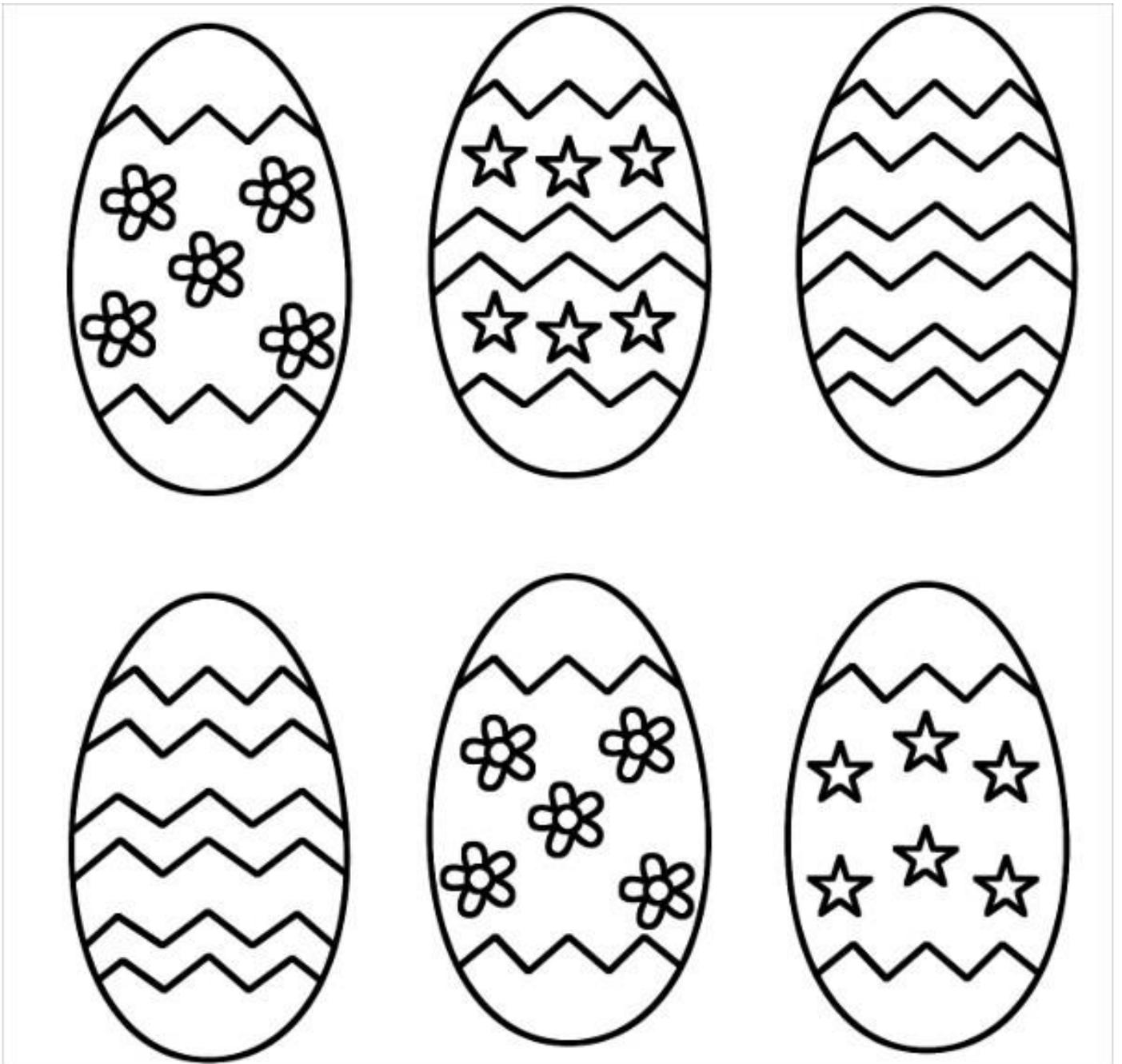
See separate Page Below

### Physical activity

### Numeracy

- Count your Easter egg pictures before you hide them and then count them once you have found them to make sure you have them all!
- Any task relating to individual numeracy targets
- [www.primarygames.com](http://www.primarygames.com) :
  - Counting Easter eggs memory game ( for pupils working on 1 to 1 counting)
  - Math Tiles Easter Addition and Subtraction ( for pupils with targets relating to addition and subtraction)
- If you have a garden, then anything you could collect or count from the garden would be good, if the weather stays dry!

An Easter egg template



Spey class PE

### Morning work out

Every school day at 9 am ,Joe Wicks-The body Coach is providing fitness session for children. Start your day the active way

[www.youtube.com/user/thebodycoach1](http://www.youtube.com/user/thebodycoach1)



### Target games –Boccia

Boccia: 2 players, one player has one colour of balls (or rolled up socks) the other player has a different colour. Place a white ball (a jack) on the floor and take turns at trying to land your ball beside it. Player who lands there ball closest to the white wins.



### Chair Aerobics

At your chair see if you can do the following exercise

- Stretch both hands above your head. Press your palms together for 10 s
- Stretch out your legs in front of you. Place your heel on the ground and lift each leg 10 times
- Raise your right hand and touch your left shoulder. Repeat 10 times and change your hand and repeat 10 times.